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Sonal Parmar is a scholar of English literature and has done her post-graduation and M.phil from Delhi University. She has taught as a lecturer at Indraprastha and Ramjas College (DU) and has been associated with several institutions such as Carnegie Hall (New York), Mind & Life (Zurich), India Habitat Centre (New Delhi) and Indira Gandhi National Centre for the Arts (New Delhi). She is currently working as an independent writer/consultant and has been the Consultant Editor at theNational School of Drama, New Delhi for the last 4 years, where she is also Editor-in-chief of all Bharat Rang Mahotsav (NSD's annual international festival) publications.