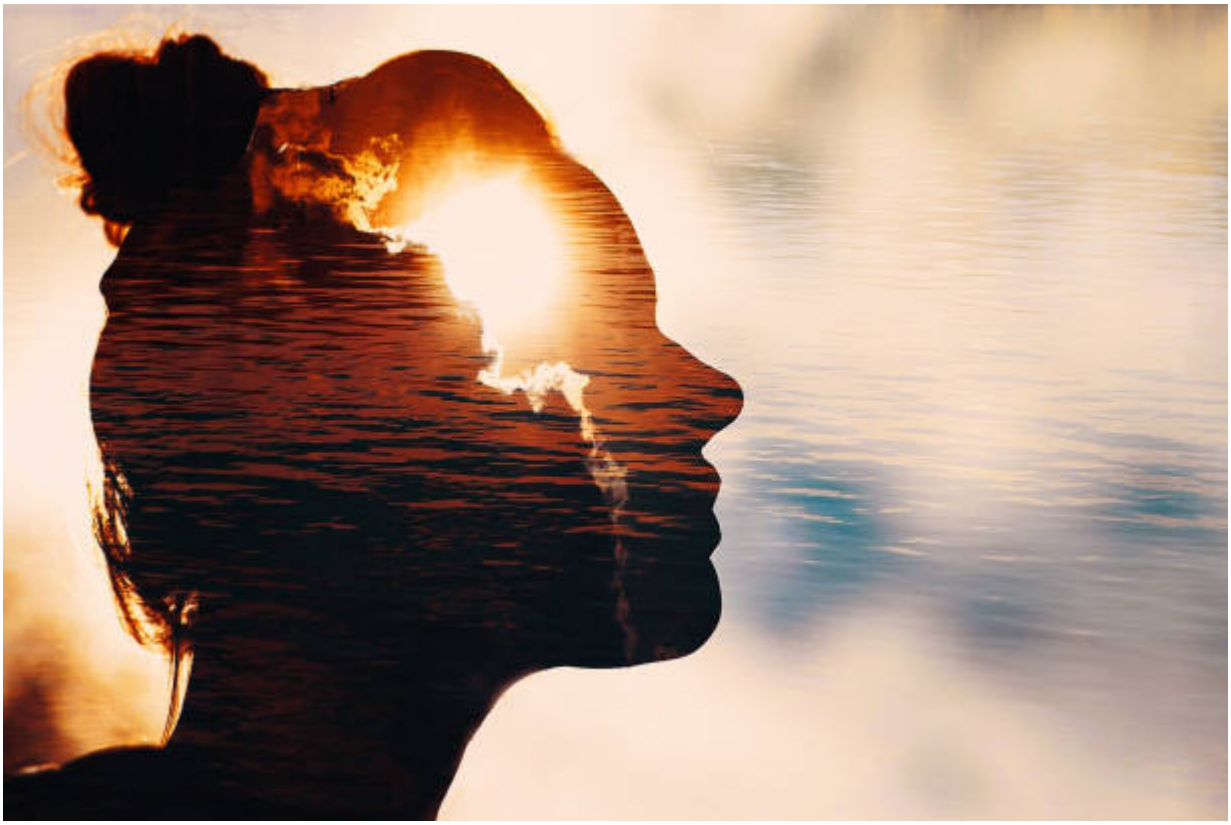
The conventional shows the way to the magnified



Why does the mind capture us into escaping into augmented states, happy at first, but also that state becomes a dizzy haze. It seems like a hazy television screen. The mind is a total slave diver which makes you neither eat not sleep. It has the power also for you to imagine amplified images sounds and situations that can make you first untroubled but slowly engulf you in a state of shock, disbelief and dubiety to the extent you start to even question your near and dear ones who have been with you for years. The heightened, enhanced state is the true python to swallow your mind.

I am not ashamed nor embarrassed to state that this condition occurs to me cyclically. The boosted sense of state of being, the surroundings environment around seems unreal to me so much that its only the magnified sense of the world that seems true and logical. I hear and see much more than I can imagine. Sounds of the timpani, drums and chords of a piano come in

waves but they also reach to the sounds of my late mother and father who had departed from this world more than twenty years ago. I hear them all like a radio in my head.

Coming back to reality is like coming down as a long trek from the Everest. The standard has value is what I want to argue here. Why is that I wish to leave that increased self is only to return back to the real. The conventional arising in me makes me more steady and a true wonted state. How then do I manage I am asked by many, and today I pick up my words without any sheepishness to say, I simply tell myself, ” Ok its time to get down the joyride and go back home.” I simply think its a home coming, pick up my apron strings and start making food once again.
Its easy to be customary, easy to be regular and habitual despite all the greater sense of self its easier to be meek rather than huge in the eyes of that jocular style. I only pray that the demons of dubiety makes us validate the accustomed as powerful, creative and advantageous to our body and mind. Its time to give way to the expected and get into the kitchen. Come on now all are hungry, dinner is to served!!