Manohar Khushalani's Team Building Exercises

By now you must be very excited to see the actual workshop conducted by Prof. Manohar Khushalani. Please watch the film of the actual workshop and listen to participants feedback also

Blood and Rain



A View from an Ex-Aristo (Mumbai,

2014)

Mother of God! There you stand tall and proud the blade across your torso angled like a grey black sports bra but you have no breasts. Why no breasts? Only straight lines running true without curving without bending. I stand for my turn sometimes sit waiting always waiting for you to christen me again your pen writing my name in blood, in drops of red ink rolling, rolling with my severed head across the floor my thoughts disembodied stuck in limbo for a soul to pick them up somewhere off the mainline. I think they've lost my number I've been waiting for hours the never-ending minute seems to stretch across eternity like a rubber band carrying within it infinite tension never breaking always teasing just a little further ...

Your blade is dull today it carries rust there is no one to whet it. We are saved by gravity alone Madame la Guillotine! May Thou always be so merciful. Hallowed be Thy Name.

Sand and Yang (Mumbai, 2014)

The safest place in the universe is the eye of a hurricane.

Walls of steam rise up around me making havoc of buildings, trucks breaking trees like pencils carving messages into uranium reactors that pop and fizz like corks and balloons now spurting blood as if some wrathful Goddess eveless in the steam-colored garb of Isis drawn like oil paintings from the wells of fantasy threw a party for a fan following of misshapen clowns and half-baked misanthropomorphic entities hanging out the bored masculinity of the ancient desert having been assured that there is no water on the red planet and no little blue men worth waiting for hooded or otherwise.

The balloons we live in are fragile and yet the storm protects us for the whirlwind has no center.

His dark anger spins Him in the vortex of memory.

And who are you to talk of fantasy said He you who live in the land of Bell Curves and Sorting Hats?

August (Philadelphia, 2002)

As you walk by
the air becomes so heavy
I am pushed against a wall
Is it you or is it just the heat of August?
Hiroshima breeze
you are so heavy
I am hanging like the leaves
on the drying summer trees
pulled down towards the earth
Is it you or is it just the August air
that makes me droop with so much longing?

The August sun was always known to burn us lesser mortals with his august glare

We sacrificed an apple for the rain I kissed the earth I heard a little girl cry out as if she knew the presence there If August comes creeping like a whisper through the hollows of your mind tell me, love then does September trudge behind? If you were a pebble in the walls of Jerusalem would they come crashing down?

Is it you or is it just the mushrooms clouds of August? Sodom and Gomorrah lifted out like mushrooms from our lore, our fantasies borne into reality and christened Hiroshima, Nagasaki ... hanging heavy in the firmament laden with their sixty years of ripened weariness your glance is heavy as the August rain shining through them and the trees.

The stares of the undying lifted through the skies reflecting points of consciousness the dying steps of the millenium now reborn into the new thunder like the heavy August rain and you.

Waiting for Rain (June, 2005, Mumbai)

Climb, gaze
up where the steeple meets the sky
scribble someone's name
into the dust-filled clouds.

Casino in the heavens
lit by lightning
somewhere the westerly wind
sits poker faced
covering diamonds
about to be scattered
wait for the sparkling rain.

Shards of Light (October, 2005, Mumbai)

In the shredded darkness of this night dazzled and undeafened

stupid, staring eyes
stuck in the stupor of unceasing sight
the heaviness of nothingness plodding
through
tortuous miles of wakefulness
and twisting arms of time
tick-ticking through eternity.

Arise! Awake! Shake off your sleep!
You swept through the room in all of your magnificence.
An army of rays assailed us
nailing me to shadows
that have dared remain.

Eyelids jammed are not like doors the lock of sleep cannot be forced with chisels chisels are at work carving out my name into each terrifying minute.

Acknowledgments: I have quoted song lyrics by Iron Maiden and Megadeth in some of my verses.

Other Poems by Acushla Sarswat

Folk Theatre of India: Jatra

Sri Chaitanya, a prominent saint during the Bhakti moment is credited to be the inventor and the promoters of this music enriched form of theatre. It is widely believed that the first spectacle of the play was also done by Sri Chaitanya wherein he played the role of the Rukmini in the play, Rukmini Haran

(the play was based on a story in the life of Lord Krishna).

Folk Dances of India: Jhora

Jhora folk dance is native to the states of Himachal Pradesh and Uttarakhand where it is celebrated with all pomp and show during the springtime celebrations by the locals. Jhora folk dance finds its root in the Kumaon region of Uttarakhand, historically known as Uttaranchal.