

I KNOW / Sangeeta Gupta

I know/ you are
still holding my hand
I feel you in my palm
pain loses its intensity
I am smiling at myself
your kindness twinkles
in your eyes
In your light
I sail through darkness
I go deep in your energy field
soak myself often
I recharge
Taking baby steps each day
towards my passion
towards life
I know you are
Still holding my hand.