

# **Tripurari Sharma's SHIFA... THE HEALING Director: Teekam Joshi**

Playwright: Tripurari Sharma

Director: Teekam Joshi

Group: Individual, Delhi

Language: Hindi

Duration: 1 hr 35 mins

## **The Play**

Shifa is based on HIV+ people talking about the positivity of life, and about searching within oneself to find a new way of life. It is a play within a play where three real characters share their life experiences with the audience, not for consolation but about social stigma, discrimination, empowerment, acceptance and primarily, healing.

## **Director's Note**

One needs an inspiration for doing things, and I had several for doing this play. The first reason was Shri Ravi Nagar Ji, and the second was the need to fight against odds like illness, loneliness, stigma and discrimination that one sees and feels all around in society. Theatre can be inspiring, entertaining, and a platform for sharing. But sharing needs courage, and this play gives you that courage, to talk about those deeper experiences which you generally don't and can't share. This play is like opening a window on those subjects about which society has many reservations. I would like to convey my humble thanks to Tripurari Sharma Ji who gave me the permission to do it.

## The Director

Teekam Joshi did P.G. diploma in Dramatic Arts from National School of Drama in 2001. He has received many awards including SangeetNatakAkadmiBismillah Khan YuvaPuruskar, Nat Samrat, IftekharAkadmi Award, and State Youth Festival Award. He has worked with the National School of Drama Repertory Co. and has been an expert faculty for NSD extension program; visiting faculty at NSD for acting, voice and speech; visiting faculty at NSD Sikkim Centre, Gangtok for acting; Actor (consultant) Kingdom of Dreams; Associate and Assistant Director for NSD students productions; Associate Director of some NSD repertory productions; expert faculty for communication skills in different private universities; Executive Director of Aaj Theatre company (founded by BhanuBharti); Artistic Director of Unicorn Actor's Studio; and Artistic Director of Flying Feather's Art Association. He has participated in many national and international festivals. Teekam has worked with eminent theatre personalities like HabibTanvir, B.V.Karant, Mohan Maharishi, M.K.Raina, BansiKaul, BhanuBharti, AnuradhaKapur, Kirti Jain, Ramgopal Bajaj, Robin Das, Tripurari Sharma, Rita Ganguly, D.R.Ankur, KavalamNarayan Panniker, John RusselBrown, WamanKendre, Prasanna, Kumar Verma, AlokChatterji, Sanjay Upadhyay, Raghunandan, K.S.Rajendran, Suresh Sharma, Bapi Bose, Ashok SagarBhagat etc.

## The Playwright

Tripurari Sharma completed her diploma in direction from National School of Drama in 1979. She is a playwright, translator and director of repute. She has written and directed various plays for groups and institutions all over India. She has conducted workshops all over India and abroad. She has also written scripts of critically acclaimed films like Mirch Masala and HazarChaurasi Ki Maa. She has been honoured with the Sanskriti award and SangeetNatakAkademi award. Ms. Sharma retired as Professor of Acting from National School of Drama.

## Cast & Credits

Sanjeev: Teekam Joshi

Chhaya: Nalini R Joshi / Nidhi Mishra

Barkha: PriyadarshiniPooja / ShradhaVasdev

Vinay: Manish Karnatak / Vaibhav Raj

Nani: GauriDewal / MuskanDua

Purush: Shaurya Shankar

Stage Manager: Harshvardhan / RajatDahiya

Reporter: MuskanDua / GauriDewal

Doctor: Akshay Sharma

Prof. Ganapati: AniruddhSagar

Students: Harshvardhan, Rajat, Akshay, Muskan, Shradha, Pooja

Child Artist: Nandini R Joshi , Lucky Lakshya

Group Actors: Harshvardhan, Rajat, Akshay, Akash,  
Muskan,Shradha, Nidhi, Nalini, Praveen Parashar, Nirbhay  
Jain, Vaibhav Raj, Nikhil Singh Bhatti

Music: LateShri Ravi Nagar

Light Design: SoutiChakraborty

Set Design: Rajesh Singh

Sound Design: Sandy Singh

Poster Image: Indira Tiwari

Poster, Brochure & Video: Happy Ranjit

Choreography: HarshitKhatana

Sculpture: AniruddhSagar

Property: Sachin Shrivastav

Production Manager: GauriDewal

Production Assistant: Vaibhav

Sound Operation: ShubhamPaliwal